

I'm not robot!

Drug	Contraindicated	Recommendations
Aspirin	No	Avoid throughout pregnancy
Codeine	No	Use with caution; consider alternatives and avoid prolonged use
Non-steroidal anti-inflammatory drugs	No	Avoid until 32 weeks; greatest concern is during late pregnancy
Acetaminophen	No	Safe throughout pregnancy
Antibiotics	No	Safe throughout pregnancy
Antidepressants	No	Safe throughout pregnancy
Antipsychotics	No	Safe throughout pregnancy
Anticoagulants	No	Safe throughout pregnancy
Anticancer drugs	No	Safe throughout pregnancy
Antifungals	No	Safe throughout pregnancy
Antivirals	No	Safe throughout pregnancy
Cardiovascular	No	Safe throughout pregnancy
Chemotherapy	No	Safe throughout pregnancy
Diuretics	No	Safe throughout pregnancy
Immunosuppressants	No	Safe throughout pregnancy
Insulin	No	Safe throughout pregnancy
Local anesthetics	No	Safe throughout pregnancy
Monoclonal antibodies	No	Safe throughout pregnancy
Muscle relaxants	No	Safe throughout pregnancy
Narcotics	No	Safe throughout pregnancy
Oral contraceptives	No	Safe throughout pregnancy
Other	No	Safe throughout pregnancy
Reproductive system	No	Safe throughout pregnancy
Respiratory	No	Safe throughout pregnancy
Skin	No	Safe throughout pregnancy
Vaccines	No	Safe throughout pregnancy
Weight loss	No	Safe throughout pregnancy
Other	No	Safe throughout pregnancy

Medications Allowed During Pregnancy

- Allergies**
Zyrtec, Claritin, Benadryl, Dimetapp, Visine eye drops, Napheon-A drops
- Colds and Decongestants**
Robitussin (regular/MD/CF), Mucinex, Couch, Chloraseptic lozenges, Sudafed, Tavist D, Ocean Mist nasal spray
- Teethache**
Orajel, lidocaine for cavity filling, x-ray with lead shield
- Heartburn and Gas**
Tums, Maalox, Gas-X, Mylanta (after 12 weeks only), Tagamet, Zantac Acid, Gavison, Peppid AC
- Constipation**
Colace, Konsyl, Fibercon, Citrucel, Metamucil, Milk of Magnesia, Fiberall
- Nausea**
1/2 Unisom with Vitamin B6, Ginger ale, Vitamin B6, Ginger, Ginger Tea, Sea Bands, Fruit Syrup
- Hemorrhoids**
Preparation H, Anusol, Tucks pads, witch hazel pads
- Pain**
Tylenol, Tylenol Extra Strength (not to exceed 4,00mg in 24 hours)
- Leg Cramps**
potassium rich foods, CALL doctor if only one leg hurts!
- Yeast Infections**
Monistat (over the counter)
- Diarrhea**
Imodium (1 dose only)
- Insomnia**
Benadryl, Tylenol PM

FDA pregnancy risk category	Number of medications in exercise	Medications listed in knowledge exercise	Mean % correctly identified (SD)
Low risk of teratogenicity			
A	1	Levothyroxine	97.2%
B	7	Ceftriaxone, Cefepime, Escimeprazole, Pantoprazole, Moxetelucast, Pantoprazole, Sildenafil, Amtrigyl/line, Amphetamine/ Dextroamphetamine, Ciprofloxacin, Escitalopram, Escitalopram, Escitalopram, Escitalopram/ Fluticasone/ Salmeterol, Levofloxacin, Metoprolol, Piroxicam, Sertraline, Venlafaxine	53.5%
C	11		46.4%
Mean % correct (SD) for all low risk medications: 51.7 (24.1)			
Potentially teratogenic C/D	5	Candesartan, Enalapril, Losartan, Ramipril, Valsartan	86.4%
D	6	Alprazolam, Carbamazepine, Divalproex Sodium, Doxycycline, Lorazepam, Phenytoin	57.5%
X	3	Acevastatin, Pravastatin, Warfarin	74.1%
Mean % correct (SD) for all potentially teratogenic medications: 71.4 (24.2)			
Total	33		58.4% (22.1)

Medication	Comments
Aminoglycosides (e.g. gentamicin, streptomycin)	To be used with caution in the second and third trimesters as they may pose a risk of auditory toxicity (hearing problems) in the developing fetus
Chloramphenicol	Avoid when pregnancy nears term as the infant may not be able to adequately metabolize chloramphenicol. This can result in cardiovascular collapse of baby with high mortality (Grey Baby syndrome)
Quinolones (e.g. Ciprofloxacin)	Avoid in entire pregnancy as it may affect cartilage formation of the fetus
Sulfonamides	Avoid in the third trimester as it may cause high bilirubin levels in the baby, resulting in kernicterus (severe jaundice)
Tetracyclines	Avoid in entire pregnancy as it may result in the discoloration of teeth and retard skeletal bone formation of the fetus

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